

Level 1 Coaching – Task 2: Identify the responsibilities of a coaching assistant in relation to industry rules, regulations and protocols



Welcome

About the course

Welcome to this British Horseracing Authority eLearning course. This is part of a series of eLearning course designed for those wishing to take the Level 1 Coaching Qualification in Racing. This course is Task 2 and is about the responsibilities of a Coaching Assistant in relation to industry rules, regulations and protocols.

Who is this for?

This course is for a Level 1 Coaching Assistant.

How long will this course take?

The course is **self-paced** and takes up to 60 minutes.

Who wrote the course

This course has been developed by the British Horseracing Authority.

Learning outcomes

About this course

By studying this course you will gain a knowledge and understanding of the importance of the roles and responsibilities of a Coaching Assistant (Level 1), in relation to industry rules, regulations and protocols, including:

- The key responsibilities of the National Governing Body for horseracing
- The key requirements of a coach working in the horseracing industry
- How to access the BHA code of conduct for coaching
- The BHA requirements for coach recognition in racing



British Horseracing Authority (BHA)

The governing and regulatory body of racing in Britain is the British Horseracing Authority (BHA), which succeeded the British Horseracing Board in July 2007. It is the BHA's role to ensure the continued health and successful development of the sport with the aims of:

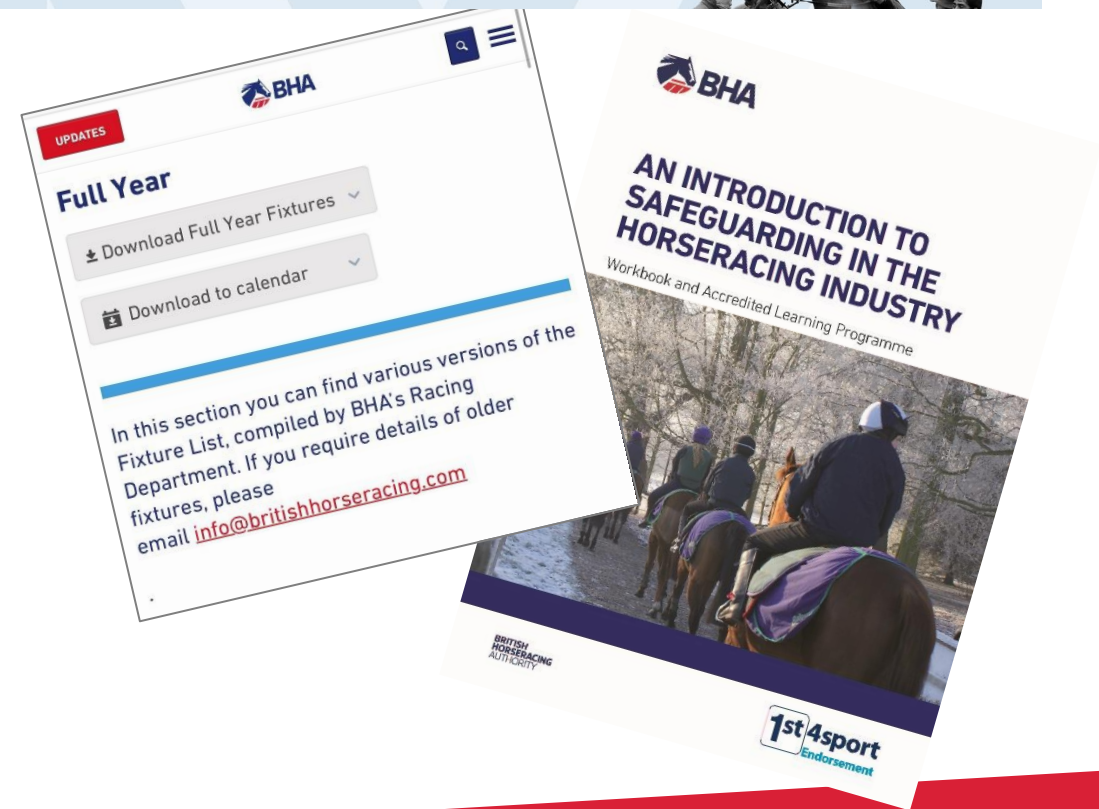
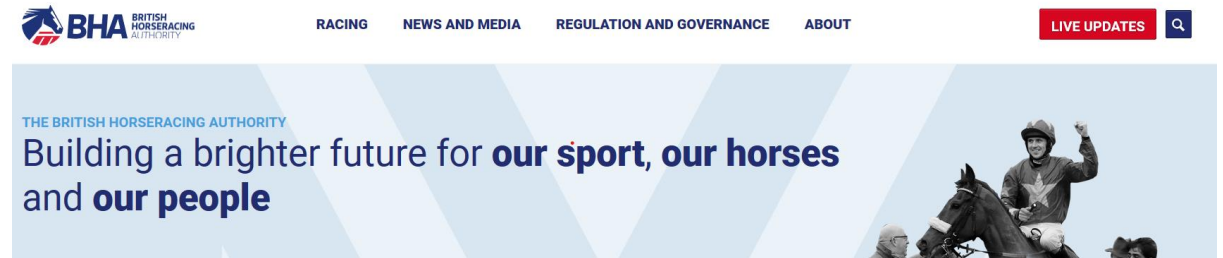
- providing the most compelling and attractive racing in the world
- being seen as the world leader in raceday regulation
- ensuring the highest standards for the sport and participants, on and away from the racecourse
- promoting the best for the racehorse
- representing and promoting the sport and the industry



British Horseracing Authority (BHA) cont.

The BHA is responsible for:

- Licensing (racecourse, jockeys, trainers)
- Regulating racecourses
- Rules compliance
- Fixture list and race planning
- Handicapping
- Racing administration
- Race-day operations and regulation



British Horseracing Authority (BHA) cont.

The BHA is also responsible for:

- Medical services
- Leadership of equine welfare
- Industry careers marketing
- Industry recruitment, training and retention
- Participant health and welfare
- International liaison and guardianship of the Pattern and Listed race programme



The key requirements of a racing coach

The following list will guide the new coach towards establishing the basics of coaching:

- Recognise the needs and wants of the riders you are helping
- Understand the culture of racing and the chain of command of officials within the sport
- Have a thorough knowledge of the rules and regulations, especially in regard to health and safety on the yard and when riding work
- Be aware of your legal responsibilities
- Develop good communication skills and constantly strive to improve them
- When coaching, the coach is a role model, dress and behave in a professional manner at all times



The key requirements of a racing coach (cont.)

- Lead from the front and support from the rear
- Make all coaching inclusive, even someone on the injured list can become involved
- Concentrate on the performance, not the outcome
- Set achievable, but challenging goals for riders
- Praise in public, critique in private
- Recognise the contribution of others within the process – owners, employers, sponsors, colleagues
- Be flexible in your methods and approach, use your listening skills to full advantage
- Network through media, reading, liaising with stakeholders and other coaches to broaden experience and knowledge



The BHA Code of Conduct for Coaches

A Level 1 Coach must:

- Uphold high personal standards and act in a way that upholds public confidence in the integrity of racing and does not cause any harm to the good reputation and interests of the BHA
- Act with care and diligence
- Know where to access and comply with all the relevant policies, procedures and guidelines
- Set a balance between working relationships and friendships with individuals
- Take responsibility for the well-being, safety and protection of horse and rider
- Maintain a work environment free of discrimination, harassment and intimidation

The BHA Code of Conduct for Coaches (cont.)

A Level 1 Coach must also:

- Communicate with, and provide feedback to, those they are coaching in a manner that reflects respect and care
- Recognise and accept when individuals need to be referred to other coaches
- Treat trainers, owners and work colleagues with courtesy and respect
- Take reasonable steps to avoid conflicts of interest, report those that cannot be avoided and cooperate in their management
- Comply with employers and yard manager whilst on the working environment

BHA requirements for coach recognition in racing

A Racing Coach must:

- hold a current first aid certificate
- hold a safeguarding certificate
- undertake CPD on an annual basis
- undertake inclusion and diversity training



LEVEL 1

AN INTRODUCTION TO SAFEGUARDING IN THE HORSERACING INDUSTRY

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